



NOR★CAL

ELITE ALL-STARS

2023-2024

PROGRAM INFORMATION SACRAMENTO

ELITE TEAMS

PREP TEAMS



WHAT WE'RE ABOUT

WHO ARE WE?

Nor*Cal Elite is widely recognized as one of the foremost All-Star Cheerleading programs in Northern California. For nearly than 18 years, NCE has been developing the youth and teens in our region, shaping them into strong and confident athletes and individuals. We take pride in creating a setting where all athletes can learn valuable lessons in sportsmanship, teamwork, and accomplishment.

Our coaches possess not only extensive knowledge, but also wisdom in all aspects of competitive cheerleading and their wealth of experience has earned our program numerous championships throughout our 18-year history. Additionally, they undergo periodic background checks and annual SafeSport certification training, ensuring that your athlete is in excellent hands!

With three locations to choose from in San Jose, San Ramon, and Sacramento, we are confident in delivering a highly competitive season that your athlete will be proud to be a part of.

EVALUATIONS

NCE's evaluation process is simple and stress-free. Tryouts are open to anyone interested in becoming part of the NCE community. We welcome athletes of all levels, whether they are beginners or highly skilled cheerleaders. During tryouts, you will have the opportunity to showcase your skills to the NCE staff, who will then place you on a team that is best suited to your abilities. At NCE, we strive to make the evaluation and placement process as seamless and enjoyable as possible.





IMPORTANT DATES

MANDATORY EVENTS

FIRST WEEK OF PRACTICE

May 24 / 25, 2023

TEAM ASSESSMENT TARGET DATES

June 19, and July 15, 2023

CHOREOGRAPHY BLOCKS

All Locations

3 day period between July 15-August 6th
2 weekend days August 26-September 24th
Exact dates/times will be finalized by the end of June.

CHAMP CAMP / SHOWCASE

Summer / Fall (TBD)

VACATION DAYS

During the following dates NCE will be closed for all Practices:

MEMORIAL DAY

May 26 - May 29, 2023

SUMMER BREAK

June 7 - June 11, 2023

JULY BREAK

July 1 - July 6, 2023

LABOR DAY

September 2 - September 4, 2023

HALLOWEEN

October 31, 2023

THANKSGIVING BREAK

November 22 - November 26, 2023

WINTER BREAK

Each location will set breaks in August

Please plan all vacations and family activities to coincide with the above dates to eliminate the potential risk of consequences.

PRACTICES / ATTENDANCE

ELITE	2-3 DAYS	- 2-3 HOURS/DAY
PREP	1-2 DAYS	- 2 HOURS/DAY
NOVICE	1 DAY	- 2 HOURS/DAY

During competition season, practices will be added on weekends to ensure a safe and competitive advantage for all of our teams.

PRACTICE ATTENDANCE POLICY

Nor*Cal Elite does not excuse absences from practices for any reason. All absences affect the team in the same way, regardless of the reason. To accommodate every family equally, Nor*Cal has created an attendance deduction system to be adhered to by all NCE athletes.

Absence Deductions 8/14-10/30	Fee
- Practices 2 Weeks Prior to Comp	\$100
- ALL Absences with Request Form	\$20
- Absences without Request Form	\$40

Absence Deductions 11/1-5/1	Fee
- Practices the week of a Comp	\$200
- Practices 2 Weeks Prior to Comp	\$150
- ALL Absences aside from above	\$70

Please note: Serious illness, mandatory school absences, and extenuating circumstances will be taken into consideration. Excessive absences may result in an athlete being moved to another team or potentially made an alternate without a refund.

All fees equally apply to ALL added practices.

COMPLIANCE

Strict adherence to the Policies and Dates provided on this page is **MANDATORY**. Any discretions may result in athletes being removed from the team and/or program without a refund. Missing a competition will result in a \$300-\$500 fee. This is effective on **AUGUST 14th, 2023**.



COSTS AND FEES

MINI ELITE

REGISTRATION / MEMBERSHIP

ITEM	COST	DUE	INCLUDES
REGISTRATION	\$607	MAY 2023	SUMMER CAMPS, CHOREOGRAPHY. MUSIC
EVALUATION	\$50	MAY 2023	TRYOUT EVALUATION *WAIVED IF REGISTERED BY TRYOUTS*
USASF MEMBERSHIP	\$50	JULY 2023	ALL STAR MEMBERSHIP *PAID DIRECTLY TO VENDOR*

APPAREL / UNIFORMS

ITEM	COST	DUE	INCLUDES
PRACTICE SETS	\$175	JUNE 2023	*OPTIONAL* *PAID DIRECTLY TO VENDOR*
TEAM SHOES	\$100	JUNE 2023	ESTIMATED COST *PAID DIRECTLY TO VENDOR*
TEAM BOW	\$25	AUGUST 2023	ESTIMATED COST *PAID DIRECTLY TO VENDOR*
UNIFORM	\$590	AUGUST 2023	ESTIMATED COST *PAID DIRECTLY TO VENDOR*

MONTHLY INSTALLMENTS (MAY 2023 - APRIL 2024)

ITEM	MONTHLY	TOTAL COST
MONTHLY FEE	\$267/MONTH	\$3,208/YEAR

MONTHLY INSTALLMENTS INCLUDE:

INSTRUCTION	TEAM APPAREL
1 WEEKLY TUMBLING SESSION	TEAM PRACTICE TOP(S)
1 WEEKLY JUMP CLASS SESSION	TEAM SPORTS BRA
2 WEEKLY TEAM PRACTICE SESSIONS	PLEASE NOTE: *Team warm ups, bags, shoelaces and competition makeup are not included *Travel expenses are family responsibility
EVENTS	
5 COMPETITION EVENTS	
ADDITIONAL PRACTICE TIME(S)	
ROUTINE UPGRADES	
COACHES TRAVEL FEES	



COSTS AND FEES

L1-L5 ELITE

REGISTRATION / MEMBERSHIP

ITEM	COST	DUE	INCLUDES
REGISTRATION	\$607	MAY 2023	SUMMER CAMPS, CHOREOGRAPHY. MUSIC
EVALUATION	\$50	MAY 2023	TRYOUT EVALUATION *WAIVED IF REGISTERED BY TRYOUTS*
USASF MEMBERSHIP	\$50	JULY 2023	ALL STAR MEMBERSHIP *PAID DIRECTLY TO VENDOR*

APPAREL / UNIFORMS

ITEM	COST	DUE	INCLUDES
PRACTICE SETS	\$175	JUNE 2023	*OPTIONAL* *PAID DIRECTLY TO VENDOR*
TEAM SHOES	\$100	JUNE 2023	ESTIMATED COST *PAID DIRECTLY TO VENDOR*
TEAM BOW	\$25	AUGUST 2023	ESTIMATED COST *PAID DIRECTLY TO VENDOR*
UNIFORM	\$590	AUGUST 2023	ESTIMATED COST *PAID DIRECTLY TO VENDOR*

MONTHLY INSTALLMENTS (MAY 2023 - APRIL 2024)

ITEM	MONTHLY	TOTAL COST
MONTHLY FEE	\$416/MONTH	\$4,995/YEAR

MONTHLY INSTALLMENTS INCLUDE:

INSTRUCTION	TEAM APPAREL
1 WEEKLY TUMBLING SESSION	TEAM PRACTICE TOP(S)
1 WEEKLY JUMP CLASS SESSION	TEAM SPORTS BRA
2 WEEKLY TEAM PRACTICE SESSIONS	PLEASE NOTE: *Team warm ups, bags, shoelaces and competition makeup are not included *Travel expenses are a family responsibility
EVENTS	
6-8 COMPETITION EVENTS	
ADDITIONAL PRACTICE TIME(S)	
ROUTINE UPGRADES	
COACHES TRAVEL FEES	



COSTS AND FEES

L6 WORLDS

REGISTRATION / MEMBERSHIP

ITEM	COST	DUE	INCLUDES
REGISTRATION	\$607	MAY 2023	SUMMER CAMPS, CHOREOGRAPHY. MUSIC
EVALUATION	\$50	MAY 2023	TRYOUT EVALUATION *WAIVED IF REGISTERED BY TRYOUTS*
USASF MEMBERSHIP	\$50	JULY 2023	ALL STAR MEMBERSHIP *PAID DIRECTLY TO VENDOR*

APPAREL / UNIFORMS

ITEM	COST	DUE	INCLUDES
PRACTICE SETS	\$175	JUNE 2023	*OPTIONAL* *PAID DIRECTLY TO VENDOR*
TEAM SHOES	\$100	JUNE 2023	ESTIMATED COST *PAID DIRECTLY TO VENDOR*
TEAM BOW	\$25	AUGUST 2023	ESTIMATED COST *PAID DIRECTLY TO VENDOR*
UNIFORM	\$590	AUGUST 2023	ESTIMATED COST *PAID DIRECTLY TO VENDOR*

MONTHLY INSTALLMENTS (MAY 2023 - APRIL 2024)

ITEM	MONTHLY	TOTAL COST
MONTHLY FEE	\$416/MONTH	\$4,995/YEAR

DISCOUNTED TUITION APPLIED FOR MASTERED L6 TUMBLING SKILLS (I.E. DOUBLE FULLS, STANDING FULLS)

MONTHLY INSTALLMENTS INCLUDE:

INSTRUCTION	TEAM APPAREL
UNLIMITED WEEKLY TUMBLING SESSIONS	TEAM PRACTICE TOP(S)
UNLIMITED WEEKLY JUMP CLASS SESSIONS	TEAM SPORTS BRA
2 WEEKLY TEAM PRACTICE SESSIONS	PLEASE NOTE: *Team warm ups, bags, shoelaces and competition makeup are not included *Travel expenses are a family responsibility
EVENTS	
6-8 COMPETITION EVENTS	
ADDITIONAL PRACTICE TIME(S)	
ROUTINE UPGRADES	
COACHES TRAVEL FEES	



COSTS AND FEES

PREP TEAMS

REGISTRATION / MEMBERSHIP

ITEM	COST	DUE	INCLUDES
REGISTRATION	\$607	MAY 2023	SUMMER CAMPS, CHOREOGRAPHY. MUSIC
EVALUATION	\$50	MAY 2023	TRYOUT EVALUATION *WAIVED IF REGISTERED BY TRYOUTS*
USASF MEMBERSHIP	\$50	JULY 2023	ALL STAR MEMBERSHIP *PAID DIRECTLY TO VENDOR*

APPAREL / UNIFORMS

ITEM	COST	DUE	INCLUDES
PRACTICE SETS	\$175	JUNE 2023	*OPTIONAL* *PAID DIRECTLY TO VENDOR*
TEAM SHOES	\$100	JUNE 2023	ESTIMATED COST *PAID DIRECTLY TO VENDOR*
TEAM BOW	\$25	AUGUST 2023	ESTIMATED COST *PAID DIRECTLY TO VENDOR*
UNIFORM	\$300	AUGUST 2023	ESTIMATED COST *PAID DIRECTLY TO VENDOR*

MONTHLY INSTALLMENTS (MAY 2023 - APRIL 2024)

ITEM	MONTHLY	TOTAL COST
MONTHLY FEE	\$242/MONTH	\$2,908/YEAR

MONTHLY INSTALLMENTS INCLUDE:

INSTRUCTION	TEAM APPAREL
1 WEEKLY TUMBLING SESSION	TEAM PRACTICE TOP(S)
1-2 WEEKLY TEAM PRACTICE SESSIONS	TEAM SPORTS BRA
EVENTS	PLEASE NOTE: *Team warm ups, bags, shoelaces and competition makeup are not included *Travel expenses are a family responsibility
4 COMPETITION EVENTS	
ADDITIONAL PRACTICE TIME(S)	
ROUTINE UPGRADES	
COACHES TRAVEL FEES	



EVENT SCHEDULE

Below is a list of **possible** events for the 2023-2024 season.

ALL DATES ARE TENTATIVE
AND SUBJECT TO CHANGE

We will not be attending all of these events. We will select a handful from this list to include in our final event schedule. By sharing all the available events for the season with our families, we aim to minimize the chances of scheduling conflicts.

The final event schedule will be set by **JULY 2023**

NOR CAL ELITE WILL BE CHOOSING FROM THE FOLLOWING EVENTS FOR THE 2023-2024 SEASON:

EVENT	DATE(S)	LOCATION
GSSA CHALLENGE	NOV 18 OR 19, 2023	SAN MATEO, CA
AMERICAN CHEER POWER	DECEMBER 2-3, 2023	ROSEVILLE CA
AMERICAN GRAND	DECEMBER 9-10, 2023	LAS VEGAS, NV
ALL STAR CHAMPIONSHIPS	TBD 2023	AURORA, CO
AMERICAN MASTERPIECE	JANUARY 20-21, 2024	SAN JOSE, CA
ALL THINGS CHEER	JANUARY 27-28, 2024	BELLEVUE, WA
SPIRIT SPORTS	FEBRUARY 3-4, 2024	PALM SPRINGS, CA
NCA NOR CAL SHOWDOWN	FEBRUARY 10-11, 2024	ROSEVILLE, CA
★ CHEERSPORT NATIONALS	FEBRUARY 17-18, 2024	ATLANTA, GA
★ NCA ALL STAR NATIONALS	MARCH 1-3, 2024	DALLAS, TX
ENCORE CHAMPIONSHIP	MARCH/APRIL, 2024	SAN JOSE, CA
USA SUPER NATIONALS	MARCH 23-24, 2024	ANAHEIM, CA
REGIONAL SUMMIT - WEST	MARCH/APRIL 2024	ANAHEIM, CA
★ THE CHEERLEADING WORLDS	APRIL TBD, 2024	ORLANDO, FL
★ THE SUMMIT	MAY TBD, 2024	ORLANDO, FL

TENTATIVE AND SUBJECT TO CHANGE

★ ***SELECT* EVENTS ARE ONLY APPLICABLE TO SELECTED TEAMS AND NOT INCLUDED IN COST / FEES ON PAGE 3-4. THEY ARE SUBJECT TO ADDITIONAL COMPETITION AND COACHES' FEES ACCORDINGLY.**



ADDITIONAL INFO

WHAT TO EXPECT AT EVENTS

Each team is assigned an arrival time to the venue and asked to check in with a designated NCE staff member at that time. Athletes and parents will receive an itinerary the week of competition describing exactly how and when to arrive to the venue; such as hair, make-up, apparel etc. When the athlete checks in, the "performance factors" (hair, make-up, uniform, etc.) are checked and approved by NCE staff.

COMPETITION DAYS

The final schedule for each competition is made available to us the week of competition. We will provide an itinerary as soon as we receive the final schedule from the Event Producer.

Athletes should expect an all-star competition to be an **all-day commitment**, which can sometimes last until late in the evening. We expect our athletes to support ALL assigned Nor*Cal teams at EVERY competition until dismissed. Any reason that an athlete needs to leave early requires approval prior to competition day.

TRAVEL EVENTS

When our teams travel to competitions, they are typically two-day events, which take place on Saturday and Sunday. Prep competes 1 day.

Athletes may be required to arrive Friday evenings by 5:00 PM at various events. When and if needed, teams practice on Friday evening and sometimes, time permitting, have team bonding activities following practice. Please be aware that award ceremonies can run quite late on Sunday evening.

Failure to follow directives for competition days may result in financial consequences for parents.

PARENTS/SPECTATORS

Crowd participation is a **HUGE** factor in the teams performance and overall placement. Parents/Spectators are expected to cheer and chant to the best of their ability throughout the entirety of **ALL** NCE routines (not just your athlete's team).

It is expected that superior sportsmanship is exhibited towards all programs, teams, and staff members at every event.

COMMITMENT

All Star cheer is a highly competitive sport. Making the commitment to join means that your NCE team is a priority. Out of respect for our families, we strive to communicate any additional practices well in advance. In return, we ask that you ensure your athlete is available for both their regular practices and any additional practices, including any unforeseen emergency practices. Please note: our competition season falls during many holidays and it is expected that all athletes remain committed to attending every practice.

QUESTIONS?

If you have any questions regarding competition event weekends and what is involved, please contact the NCE staff at the email addresses below:

San Jose	sanjose@nceallstars.com
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San Ramon	sanramon@nceallstars.com
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Sacramento	sacramento@nceallstars.com
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Failure to follow directives for competition days may result in financial consequences for parents.



STEPS TO YOUR SEASON

STEP 1

Start at

NCEALLSTARS.COM

Complete the interest form and create an account online to register for your tryout appointment.

STEP 2

REGISTER YOUR TRYOUT APPOINTMENT

After registering an email will be sent with the day/time of your evaluation appointment no later than APRIL 30th.

STEP 3

ATTEND YOUR TRYOUT APPOINTMENT

This will be your tryout day / time at the location of specified on the interest form.

STEP 4

RECEIVE YOUR PROVISIONAL PLACEMENT

Provisional team placements will be sent no later than May 21st.

STEP 5

PAY THE REGISTRATION FEE AND AGREE TO TERMS

The Registration Fee will be due prior to your first practice.

STEP 6

FIRST PRACTICES BEGIN

Practices begin May 22-24.

*Congratulations!
You are officially a
Nor*Cal Elite All-Star!*

DISCOUNT YOUR SEASON

EARLY BIRD DISCOUNT

PAY THE REGISTRATION FEE BETWEEN

APRIL 7 - 30

YOUR \$50 TRYOUT FEE IS WAIVED

TUITION DISCOUNT

PAY YOUR SEASON IN FULL BY

JUNE 30

RECEIVE 10% OFF YOUR 2023-2024 TUITION

SKILLS DISCOUNT

TUITION DISCOUNTS OFFERED FOR

ELITE LEVEL 6 SKILLS

**WE ARE
THE ELITE**



SAN JOSE ★ SAN RAMON ★ SACRAMENTO