



# MIDSEASON

2024-2025 SEASON

**PROGRAM INFORMATION**



# MIDSEASON

## 2024-2025 SEASON

Our mission is to create an environment where the youth and teens in our community can learn, train, and grow as cheer and tumbling athletes. We will strive to provide an environment that is filled with positive encouragement, safe instruction, and overall fun experiences for athletes and parents. At Nor\*Cal Elite, we care about every individual that walks through our front door. We are eager to share our love of the sport with girls and boys of all ages. This is our “train for life” commitment to you!

## WHAT IS MIDSEASON?

Midseason teams consist of boys and girls ranging in age from 6-15 years old. Teams are separated into age groups or divisions that allow the athletes to compete against other teams of similar age and skill set. Skill sets define the level in which a team competes, these range from Novice to Level 1. Beginner levels are intended to give participants a well-rounded, basic cheerleading foundation. It is our goal to give our athletes the safest cheerleading experience possible in an atmosphere that is optimal for their skills, goals, work ethic, and maturity.

## LEVELS/DIVISIONS

All our teams at Nor\*Cal Elite adhere to the divisions regulated by the USASF - the governing body of All Star Cheerleading. This season, we anticipate offering teams for the following age groups:

DIVISION	MINI NOVICE	JUNIOR PREP 1.1
BIRTH YEARS ELIGIBLE	2015-2018	2009-2016

**NOVICE** - This “level” is intended for entry level athletes and aims to focus on a fun and exciting introduction to All Star Cheer.

**JUNIOR PREP 1.1** - The exact level/division for this age group will be determined after the first few practices.



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## PRACTICES / DATES

Our Midseason Teams will practice in 2-hour blocks on Sundays (1 per week) for the season. Practices will begin on Sunday, October 6th and run through March 2025.

**Here are our practice times for each team this season:**

<b>SUNDAYS</b>	<b>MINI NOVICE</b>	<b>JUNIOR PREP 1.1</b>
OCTOBER - MARCH	9:30 AM - 11:30 AM	6:30 PM - 8:30 PM

As we get closer to competitions, **PRACTICE TIMES MAY BE ADDED OR ADJUSTED** and will be announced prior to allow ample time for families to plan.

### **PLEASE NOTE:**

Practices will be scheduled **November 10th, January 19th, and February 16th.**

## IMPORTANT DATES

<b>REGISTRATION OPENS</b>	<b>PRACTICE BEGINS</b>
SEPTEMBER 1ST	OCTOBER 6TH

<b>CHOREOGRAPHY (MANDATORY TO PARTICIPATE)</b>
OCTOBER 25TH - OCTOBER 27TH (WILL BE A 2-3 DAY BLOCK)
NOVEMBER 3RD - 9:30 AM - 2:00PM (MINI NOVICE ONLY)
NOVEMBER 17TH - 11:30 AM - 4:00PM (JUNIOR PREP ONLY)

**Choreography is mandatory.** Any athlete's who may miss any of these dates will not be eligible to participate in the midseason program this season.



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## COMPETITIONS

Competitions last approximately 4-6 HOURS and typically held on either a Saturday or Sunday (single day only), depending on the event.

**ALL COMPETITIONS ARE MANDATORY. ATHLETES WHO MAY MISS A COMPETITION WILL BE INELIGIBLE TO PARTICIPATE IN THE MIDSEASON PROGRAM. IF AN ATHLETE IS PLACED ON A TEAM & NOTICE OF INABILITY TO ATTEND A COMPETITION DURING THE SEASON IS GIVEN, A \$200 FEE MAY BE ASSESSED.**

### TSN CHAMPIONSHIP

**MARCH 1ST, 2024**  
**SANTA CLARA, CA**

### CHEERSPORT CLASSIC

**MARCH 15TH, 2024**  
**DAVIS, CA**

### ENCORE SHOWDOWN

**MARCH 29TH, 2024**  
**SANTA CLARA, CA**

**DATES ARE TENTATIVE AND SUBJECT TO CHANGE**

## ABSENCES

As in any team sport, attendance is critical for the success of the athlete and the team as a whole. In an effort to be fair and consistent, Nor\*Cal Elite has implemented an absence policy for all teams. Athletes are allowed to miss up to 2 practices throughout the season.

**ABSENCES AFTER THE 2-PRACTICE GRACE PERIOD WILL INCUR A \$35/ABSENCE FEE FOR EACH PRACTICE AN ATHLETE MISSES.**

### ALREADY KNOW YOU WILL BE ABSENT?

All absences should be submitted via our **Absence Request form** on our website at [nceallstars.com/sanramon](https://nceallstars.com/sanramon) at the bottom of the page under 'RESOURCES'.

For urgent day of practice absences, please email us at [sanramon@nceallstars.com](mailto:sanramon@nceallstars.com)



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### COST / FEES

<b>REGISTRATION</b>	<b>\$250</b>	<b>DUE AT REGISTRATION</b>
<b>PRATICE GEAR</b>	<b>\$25-\$35</b>	<b>DUE OCTOBER</b>
<b>USASF FEE</b>	<b>\$49</b>	<b>DUE NOVEMBER</b> PAID DIRECTLY TO USASF
<b>TUITION</b>	<b>\$135/MONTH</b>	<b>OCTOBER-MARCH</b> PAID THE 1ST OF THE MONTH
<b>ROUTINE/MUSIC</b>	<b>\$300-\$350</b>	<b>DUE OCTOBER</b>
<b>UNIFORM/SHOES</b>	<b>\$350-\$450</b>	<b>DUE NOVEMBER</b>
<b>COMPETITION FEE</b>	<b>\$400</b>	<b>DUE DECEMBER</b>

**ALL COSTS / FEES ARE NON-REFUNDABLE**

### GYM CLOSURE DATES

Please make note of these important gym closure dates for the season:

#### THANKSGIVING

NOVEMBER 28TH

PRACTICE RESUMES DECEMBER 1ST

#### WINTER BREAK

DECEMBER 22ND - JANUARY 4TH

PRACTICE RESUMES JANUARY 5TH